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**Patient readiness for hospital discharge and its relationship to discharge preparation and structural factors: A cross-sectional study.**  
5 Mabire C, et al. Int J Nurs Stud 2019. PMID 30522054  
METHODS: Structure-, process- and patient readiness-related hospital discharge variables were assessed using validated items either from existing instruments or self-developed. ...Further research, using a more accurate measure of patient readiness for hospital discharge, is needed to test associations with the nurse work environment and staffing...

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**Discharge Readiness after Robotic and Laparoscopic Hysterectomy.**  
6 DeStephano CC, et al. J Minim Invasive Gynecol 2019. PMID 30240901  
STUDY OBJECTIVE: To evaluate which factors may be predictive of patient readiness of discharge after robotic and laparoscopic hysterectomy. ...INTERVENTIONS: The primary outcome measure was whether or not the patient felt ready for discharge when she was sent home, and this was assessed using a survey 4 to 6 weeks after surgery. ...

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**Facilitating Home Hospice Transitions of Care in Oncology: Evaluation of Clinical Pharmacists' Interventions, Hospice Program Satisfaction, and Patient Representation Rates.**  
7 Duffy AP, et al. Am J Hosp Palliat Care 2018. PMID 29621893  
One hundred eleven pharmacist interventions were captured, an average of 9.3 interventions per patient, with an acceptance rate of 82.9% by providers. ...CONCLUSION: This well-received pilot initiative demonstrated an improvement in local hospice's perception of patient readiness for discharge and a high percentage of accepted pharmacist interventions during discharge medication reconciliation. ...

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### 2) ou en ouvrant la référence complète

> Int J Nurs Stud, 90, 13-20 Feb 2019

### Patient Readiness for Hospital Discharge and Its Relationship to Discharge Preparation and Structural Factors: A Cross-Sectional Study

Cedric Mabire<sup>1</sup>, Stefanie Bachnick<sup>2</sup>, Dietmar Ausserhofer<sup>3</sup>, Michael Simon<sup>4</sup>, Match RN Study Group  
Affiliations + expand  
PMID: 30522054 DOI: 10.1016/j.ijnurstu.2018.09.016

**Abstract**

**Background:** Nursing discharge preparation is vital to successful hospital-to-home transitions. However, despite a wealth of evidence on its effectiveness, little is known of the structure- and process-related factors that facilitate or impede its use in clinical practice. Specifically, the associations between unit size and type, leadership support, skill mix, staffing, nurse and patient characteristics, discharge teaching and patient readiness for discharge have rarely been studied.

**Objectives:** This study aimed to explore the associations between structure-individual characteristics (i.e., unit, nurse and patient characteristics) and process-related (i.e., teaching of self-care and symptom management) factors and patient readiness for hospital discharge.

**Design:** A secondary data analysis of the multicentre observational "Matching Registered Nurse services with changing care demands (Match<sup>RN</sup>)" study.

**Setting and period:** Data were collected between September 2015 and January 2016 on 123 surgical, medical and mixed units in 23 Swiss acute care hospitals.

**Participants:** A total of 1833 registered nurses and 1755 patients were included in the analyses.

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